

### **Your April Newsletter**

VaxPro is a Wisconsin-based wellness company headquartered near Milwaukee that specializes in annual influenza (flu) shot clinics for businesses, health fairs, schools and senior group homes. We offer a customized on-site vaccination service that is cost effective with a staff of professional health care providers such as registered nurses, licensed pharmacists.

Visit our Website

# Spring cleaning? We completely moved!

VaxPro has moved to a bigger space around the corner! We're very excited about our new office. Click the link below to see more pictures of us moving!

More Pictures Here!





#### VaxPro is Hiring!

We have part-time nursing positions we are looking to fill for the following areas in Wisconsin: Madison, Milwaukee, Sheboygan, Green Bay & Eau Claire as well as Chicago, IL.

If interested or know someone that would be, please contact lacey@vaxpro.com for further details!

#### What is **BITS**?

#### Don't Forget to call Jay!



VaxPro has partnered with Badgerland IT Services, or "BITS". BITS offers website development, computer network installation, and continuous IT improvement programs. The goal is to improve process efficiency and lower operational cost. With Spring here, it's a great time to refresh your website! Learn more by emailing dj@badgerlandit.com for more information!



This past November-February has been considered one of the worst in U.S. history when it comes to the flu. It is VaxPro's mission to not only vaccinate, but to educate our community on the importance of getting a flu shot and how it can prevent serious illness and possibly death. Please call 262-241-4522 or email jay@vaxpro.com to discuss a flu clinic!

## Health Tips: No to Soda, Yes to Water

As reported in Livestrong.com's article, "Water vs. Soda Pop", it was determined throughout the day, you lose about 8 cups of water from your body. If you don't replace this, it can lead to dehydration, which presents as thirst, headaches, dizziness, drowsiness, nausea, vomiting, muscle cramps and dry mouth. caffeinated sodas can actually make dehydration worse by increasing urine production. A 12-ounce can of caffeinated soda contains 45 milligrams of caffeine. If you do drink soda, drink an extra glass of water for every can of soda.

Read the rest of the article here!





10144 North Port Washington Road, Suite LL-E, Mequon, WI 53092 | 262-241-4522 | jay@vaxpro.com

STAY CONNECTED WITH VAXPRO, LLC!

