

## Your May Newsletter!

## **Our Mission**

VaxPro is a Wisconsin-based wellness company that specializes in annual influenza (flu) shot clinics for businesses, health fairs, school districts and senior group homes. We provide customized, onsite clinics that are staffed by licensed healthcare professionals. Besides flu shots, VaxPro offers a Biometric Screening service that assesses your employee's potential risk to develop cardiovascular disease and diabetes.

## Call Us Today!

It's time to schedule your flu shot clinic! VaxPro's mission is to both vaccinate and educate our community about the importance of getting an annual flu shot and how it can prevent serious illness and possibly death.

Call 262-241-4522 or email jay@vaxpro.com to discuss an onsite flu shot clinic for your employees!



Visit Our Website Here!



## Wellness Talks: Episode 08

For this edition of Wellness Talks, Zak finds VaxPro founders, Steve Nye and Jay Plavnick, at the Society for Human Resources Special Interest Group (SIG) meeting to discuss "How to Keep Your Employees Healthy" at the Godfrey & Kahn offices in Waukesha, Wisconsin.

Listen to Episode 08 Here!





Dementia affects around 50 million people globally with nearly 10 million new cases every year.

People can reduce their risk of dementia by:

- Getting regular exercise
- Not smoking
- Avoiding harmful use of alcohol
- Eating a healthy diet
- Maintaining healthy blood pressure, cholesterol and blood sugar levels

Want to learn more? Click on the article below!

Read The Article Here!



The CDC estimates that every year about a million people get sick from eating poultry that's contaminated with harmful germs. That's why it's important for you to take steps to protect your health and the health of your loved ones when it comes to chicken. Click the link below to learn how to be safer!

Read The Article Here!





