

Your January Newsletter

VaxPro And COVID-19



VaxPro has been **approved** by the Wisconsin Department of Health to provide **COVID-19 vaccinations** to eligible members of your workforce. VaxPro clinics will comply with the recommendations provided by the CDC, OSHA and the Wisconsin Department of Health Services. Special attention will be made to online pre-registration, hygiene, social distancing and the use of PPE. **Contact** us about COVID-19 vaccinations today!



COVID-19 Vaccine

We know wearing a mask when around others, staying at least 6 feet away, avoiding crowds, and washing your hands prevent you from getting the virus, but how can getting the COVID-19 vaccine help?

What To Expect After Getting A COVID-19 Vaccine

The COVID-19 vaccine will help protect you

from getting the virus, and as always, getting a vaccine can come with some side effects. But these side effects are nothing to be worried about because they are typical signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days.

Want to learn how the mRNA vaccine works? Click here to read and see how our bodies' cells generate immunity to COVID-19.





WI Exposure Notification App

- 1. Go into Settings.
- 2. Scroll down to Exposure Notifications.
- 3. Turn on Exposure Notifications.
- 4. Select United States Wisconsin.



Close Contact With COVID-19

Have you downloaded the <u>WI Exposure Notification App</u> or turned it on in your iPhone settings? The importance of the WI Exposure Notification can help stop the spread of COVID-19 in Wisconsin. Using the app or turning the notifications on allows you to get the care you may need sooner and reduces the risk of exposing your family or others in your community.

Herd Immunity

With the COVID-19 vaccine now being distributed, many of us wonder what we can do now and are we safe to stop social distancing? The truth is until we have herd immunity, where enough people are protected against infection that the virus can't quickly spark new outbreaks, we will need to continue to wear a mask, social distance, and practice good hygiene.

Please look at the three stages below and a thought-provoking <u>article</u> that helps us better understand what the future has in store.

Stage 1: You and your close friends or family are vaccinated.

Stage 2: Your city or state has reached herd immunity.

Stage 3: Herd immunity is reached internationally.





Thyroid Awareness Month

This January, VaxPro is highlighting <u>Thyroid</u> awareness. The thyroid gland's location is in the neck's base just below the Adam's apple. Although small, the thyroid gland plays a huge role in our body, influencing the function of many of the body's most essential organs, including the heart, brain, liver, kidneys, and skin. It's important that the thyroid gland is healthy and functioning is vitally important to the body's overall well-being.



Our Mission

VaxPro is a wellness company specializing in COVID-19 vaccinations, and annual influenza (flu) shot clinics for businesses, health fairs, school districts, and senior group homes. We provide customized, onsite clinics that are staffed by licensed healthcare professionals. Besides flu shots, VaxPro offers TB testing, a Biometric Screening service (assesses your employee's potential risk to develop cardiovascular disease and diabetes).

Visit Our Website









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